

Relationships and Health Education Policy

Member of Staff Responsible: Mr Ben Snowdon

Introduction

Emmanuel School teaches Relationships and Health Education from a biblical perspective. Laying the foundations for healthy relationships from the early years through to Key Stage 2. We strive to develop character and attitudes in the children which will honour God in all the relationships they have. We believe that the primary responsibility for children's education, including relationships and health education, lies with their parents and therefore we actively seek to support this through all our teaching at the school.

Definitions

Relationships Education includes any aspect of our teaching which deals with the interaction between and individual and others. It is therefore very broad in its scope and is taught both as an explicit lesson as well as through many subjects and ad hoc conversations between pupils and students. Health Education covers teaching children appropriate ways to care for their own bodies and minds and ensure they are considerate of others'. As with Relationships Education, this will be taught throughout many different curriculum subjects.

Teaching and Curriculum

Relationships and Health Education is taught in an integrated way throughout the school. Teachers deliver age appropriate teaching in line with the maturity of the pupils. Both are taught primarily through the PSHE, Science and Computing (in respect of Online Safety) Curriculum. Assemblies, Biblical Studies lessons and many other subjects will also feed into the teaching of Relationships and Health Education. In all our teaching, we aim to demonstrate that all forms of unkindness and bullying are unacceptable.

Our RHE curriculum map details where different aspects are taught in Key Stage 1 and Key Stage 2.

Sex Education is not statutory for primary schools but at Emmanuel we teach this in upper Key Stage 2. This encompasses, changes in puberty, human life cycles as well as foundations for positive relationships and the importance of family. Parents have the right to request the removal of their children from these sex education lessons.

Review

Our Relationships and Health Education curriculum is reviewed annually to ensure we are making use of the best resources and professional expertise in our community. This policy will be reviewed at least bi-annually by staff and school Governors.

Appendix 1 – Relationships and Health Education Curriculum Map

	Year 1 and 2	Year 3 and 4	Year 5 and 6
RHE in PSHE	<ul style="list-style-type: none"> • Family • Friendship • Bullying • Emotions • God’s Diverse World • Unique Me • Appropriate Touch 	<ul style="list-style-type: none"> • It’s My Body • Team • Diverse Britain • Think Positive • Healthy and Unhealthy Relationships • Digital Wellbeing • Be Yourself • Safety First • Aiming High 	<ul style="list-style-type: none"> • As at Year 3 and 4 with: • Growing Up: Growing Wise – relationships and sex education
RHE in Science	<ul style="list-style-type: none"> • Ourselves/All About Me • Humans : Exercise and Health • Humans: Caring for our bodies 	<ul style="list-style-type: none"> • Healthy Bones • Human Digestive System 	<ul style="list-style-type: none"> • Puberty • Human life cycles and reproduction • Inheritance
RHE in Computing	<ul style="list-style-type: none"> • Regular supervised access to computing equipment. • Discussions of risks and positives of using Computing equipment. 	<ul style="list-style-type: none"> • Internet Safety (Superheros) • Data and Information • Communication and E-Safety 	<ul style="list-style-type: none"> • E-Safety • Digital Communication
Annual Safer Internet Day			
Assembly Themes	<p>Assembly themes encourage both mutual respect and love within our school community alongside an encouragement to spread God’s love into situations where there is a need e.g. praying and giving to charities, supporting the needy and sick etc. Children are encouraged to see themselves as ‘fearfully and wonderfully made’ and as special in God’s eyes.</p>		
Biblical Studies	<p>Biblical Studies lessons consistently look at examples in the Bible and more modern history of people demonstrating God’s love to others. Jesus’ example of sacrificial love is a key message various units taught.</p>		
DT	<p>Regular ‘Food Tech’ units cover making Healthy Food and Drinks.</p>		