



## **Policy for Personal, Social and Health Education (PSHE) and Citizenship**

***'Educating the whole child to make a difference in the world and bring glory  
to God.'***

**Updated November 2022**

## Aims of Emmanuel School

We want every child to make the best possible start to their school career at Emmanuel School, so that they develop a love of learning and enjoy their school experience. We want to raise standards of learning by supporting children in their social and emotional development. This is in line with the aims implicit within the **'Every Child Matters'** publication (2004):

**Be healthy:** Our children will be well equipped to apply the lessons regarding healthy bodies and healthy minds to make the right lifestyle choices, be safe from intimidation, fully access learning and enjoy praise and celebration.

**Make a positive contribution:** Our pupils will understand their rights and responsibilities, developing their ability to communicate their views, rationalise their actions and decisions, whilst fulfilling a positive contribution to the class, school and local community and therefore be a good citizen.

**Enjoy and achieve:** Emmanuel School will have nurtured a passion for learning driven by exciting and enjoyable opportunities, which foster ambition and aspiration to extend their learning journey. Our pupils will be aware of their strengths, and have the confidence to acknowledge their weaknesses with a desire for self-improvement; seizing the opportunities to direct their own learning.

**Achieve economic well being:** Our pupils will have developed qualities beyond the key skills to work in a team or with independence to solve real life problems and tasks. All children will improve their personal development and well-being, self-esteem and confidence in order to develop their potential so that they become successful learners.

**Stay safe:** Our pupils will know to abstain from any forms of anti-social behaviour; they will have the necessary skills to appropriately manage, and remain safe from, any bullying or discrimination. We will have raised their awareness of any unsafe activities and environments and they will have developed the skills to remain free from harm.

Underpinning all of this is the Word of God in Romans 12 verse 2(NLT):

***'Don't copy the behaviour and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect.'***

### Rationale

Personal, Social and Health Education (PSHE) and Citizenship helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

Pupils are encouraged to take part in a wide range of activities and experiences across and beyond the curriculum, contributing fully to the life of their school and communities. In doing so they learn to recognise their own worth, work well with others and become increasingly responsible for their own learning.

Pupils can reflect on their experiences and understand how they are developing personally and socially, tackling many of the moral, social and cultural issues that are part of growing up. They learn to understand and respect diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

## PSHE Curriculum

PSHE at Emmanuel is delivered by class teachers in a variety of ways. Dedicated PSHE lessons, primarily using the TWINKL PSHCE schemes of work, contribute to the delivery of PSHE.

PSHE cannot always be confined to specific timetabled time. At Emmanuel, PSHE is delivered within a whole school approach which includes:

- discrete curriculum time; approximately half an hour per week,
- teaching PSHE through and in other subjects/curriculum areas, especially ICT/Computing
- Sex and Relationship education
- through PSHE activities and school events,
- pastoral care and guidance.

## Schemes of Work

Since 2020 a number of classes have used the TWINKL PSHCE schemes of work as a foundation for their PSHE curriculum. These schemes of work present 'real-world' issues for children to discuss and work through to enable them to achieve the objectives laid out in the National Curriculum.

## The SEAL curriculum

Some classes continue to use the SEAL curriculum as part of the PSHE lessons. This SEAL curriculum aims to develop the underpinning qualities and skills that help promote positive behaviour and effective learning. It focuses on five social and emotional aspects of learning:

- **Self-awareness,**
- **Managing feelings,**
- **Motivation,**
- **Empathy,**
- **Social skills.**

The SEAL materials are organised into seven themes:

- **New Beginnings,**
- **Getting on and falling out,**
- **Say no to bullying,**
- **Going for goals,**
- **Good to be me,**
- **Relationships,**
- **Changes.**

The colour-coded resources are organised at four levels: **Foundation Stage (red), Years 1 and 2 (blue), Years 3 and 4 (yellow)** and **Years 5 and 6 (green)**. Pupil reference material and photocopiable teacher reference material accompany each theme.

There are additional resources to support the implementation of SEAL at Emmanuel which include:

- resources for pupils who need additional input in a small group situation (**Silver set**), set of ideas to support Staff knowledge and confidence (**Purple set**)

- a pack of ideas to involve parents and carers (**Gold set**)
- there are also sets of SEAL booklets, photo cards and a CD-rom containing all the SEAL materials.

At Emmanuel the themes have been organised to support and compliment a creative cross curricular approach and compliment the thematic approach of the school.

### **Assessment of PSHE**

Assessment specific to PSHE at Emmanuel is co-ordinated Class Teachers.

Assessment procedures include observation and written recording of paired/group activities and, the marking of written work using the school's marking policy.

The PSHE co-ordinator also undertakes a number of monitoring activities which assesses the provision of PSHE at Emmanuel. These include, pupil dialogues, inspection of medium and short term planning and lesson observations.

### **Role of PSHE Co-ordinator**

The Co-ordinator will:

- Raise awareness amongst all staff of their contribution to the pupils' social and emotional development and agree the overall aims, objectives and priorities
- Establish a shared view of best practice to which all pupils are entitled
- Lead policy development
- Agree the main priorities for the pupils' personal and social development and identify the major opportunities for meeting these priorities across the curriculum
- Provide appropriate support and training for staff
- Monitor and evaluate the programme, including the use of external support and pupils' responses to the programme
- Carry out a continuous process of review and development of the programme as part of school improvement
- Order and monitor resources.

### **Other Related Policies**

The following subject policies relate and support the teaching of PSHE at Emmanuel.

- Child Protection and Safeguarding
- Behaviour Policy
- Health and Safety
- Anti-bullying
- Discipline
- E-Safety and Acceptable Use Policy